

Dual Enrollment Sports Medicine I

This is the first pathway course in the sports medicine sequence; students may earn a certification in First Aid/CPR/AED. The course expands students' knowledge on topics such as human anatomy and physiology and medical terminology and introduces the topics of nutrition, biomechanics, injuries and illnesses, and legal and ethical issues in sports medicine. Students also examine prospective careers in the sports medicine field. Upon successful completion of this course, students are eligible to take Dual Enrollment Sports Medicine II and pursue certification as a personal trainer. Students may have the opportunity to shadow and assist the ACPS athletic trainers at various events during the school year.

High School Credits: 1

School Level: High School

Grade: 11

Prerequisites:

Dual Enrollment Medical Terminology with Anatomy and Physiology and part of the Governor's Health Sciences Academy

Program: CTE: Health and Medical Sciences