

# Dual Enrollment Sports Medicine II

Upon successful completion of this course, students will be eligible to take the National Academy of Sports Medicine-Certified Personal Trainer (NASM-CPT) exam. This course builds upon basic knowledge acquired in [Sports Medicine I](#) on topics such as exercise physiology, biomechanics, exercise program design, and injury prevention, assessment, treatment, and management. Students prepare for a career in sports medicine, including completing an internship. Students will have the opportunity to shadow and assist the ACPS athletic trainers at various events during the school year.

**High School Credits:** 1

**School Level:** High School

**Grade:** 12

**Length:** full year

**Prerequisites:**

Dual Enrollment Sports Medicine I

**Program:** CTE: Health and Medical Sciences